



## Women In Transition Workshop

If you are exploring new possibilities, anticipating or newly exploring retirement, rethinking your life and/or work, contemplating changes in your lifestyle or want to expand your personal networks, this informative workshop is for you.

These transitions happen all of the time, sometimes big and sometimes small. We often struggle with how can I make this change work better for me? Help! What do I want to do? How can I deal with this more effectively?

This informative workshop will provide a guiding framework to understand the process of transition, with structured conversations for personal reflection and interactive learning.

What sets this Workshop apart is the opportunity to explore your transition within a supportive community of women, and to make connections that can continue to enrich your life and support your journey over the next several years.

Feedback from past participants”

- "I will be able to make positive changes in my life now"
- "I learned many tools for going through transitions with grace"
- "Connected with like-minded women in a safe place"
- "Everyone was willing to share their thoughts and ideas"

**Saturday, October 12, 2019**

**Time: 9:30 AM – 1:30 PM**

Location: WBC Columbus/Central Ohio  
1655 Old Leonard Avenue  
Columbus, OH 43219

Registration Fee: Non-members: \$50

Members: \$35

Registration Deadline: Wednesday, October 9, 2019

Cost includes Participant’s Guide and light refreshments

Registration Site: <https://www.thetransitionnetwork.org/events/3123/coh/>

For more information email: [centralohiochapter@thetransitionnetwork.org](mailto:centralohiochapter@thetransitionnetwork.org)