



NEW DIRECTIONS

Career Center

Change your direction. Change your life.

The mission of New Directions Career Center is to empower women in transition to achieve and maintain self-sufficiency. We achieve this mission by providing holistic career counseling and career development services that help women obtain the skills, information, and resources needed to confidently live their own personal definitions of success through meaningful employment.

Thanks to the generosity of our community and corporate sponsors, we offer a sliding fee scale and transportation & childcare assistance to eligible participants.

Prior registration is required to enroll in services.

Please contact us at 614-849-0028 or visit www.newdirectionscc.org



NEW DIRECTIONS TOPICS INCLUDE

DEFINING SUCCESS IN YOUR CAREER
IDENTIFYING CAREER VALUES & PERSONALITY
SKILLS & INTERESTS ASSESSMENTS
SELF CARE & SELF COMPASSION
EXPLORING CAREER RESOURCES
PERSONAL FINANCIAL PLANNING
SELF – MARKETING STRATEGIES
RESUME WRITING & INTERVIEWING
NETWORKING
GOAL SETTING
PLANNING

New Directions

Meets Monday—Friday for two weeks from 9 AM to 3 PM

New Directions empowers participants to change their lives. Designed exclusively for women, this small group series creates a supportive environment for women to achieve personal growth, connect with other women, build confidence, and begin to take control of their careers and livelihoods. It provides participants with a guided path to success by focusing on four key development areas, including: Self Assessment, Career Exploration and Information Gathering, Decision Making and Goal Setting, and Self Marketing. Holistic enrichment topics such as personal financial planning, self-compassion, and assertive communication are incorporated throughout. Participants will also develop a one-year plan for change with concrete, measurable outcomes, including a one-year goal and the actions needed to accomplish the goal in several areas of life.

2020 New Directions Program Dates:

Jan. 27th – Feb. 7th (NDCC)

Feb. 24th – Mar. 6th (HFF)

Mar. 23rd – Apr. 3rd (CML, Linden)

Apr. 27th – May 8th (CML, East)

May 11th – May 22nd (NDCC)

Jun. 15th – Jun. 26th (CML, Franklinton)

Jul. 20th – Jul. 31st (NDCC/YMCA, TBD)

Aug. 17th – Aug. 28th (NDCC)

Sept. 14th – Sept. 25th (NDCC)

Oct. 19th – Oct. 30th (NDCC)

Nov. 9th – Nov. 20th (NDCC)



Advanced Career Techniques

Meets Monday, Tuesday, and Wednesday from 5PM to 9PM

A program for men and women who want to improve self-marketing skills and increase confidence in the job search to successfully engage employer interest. ACT focuses on self-marketing and job search strategies participants can use to achieve their occupational goals. Over the course of three sessions, participants will sharpen résumé and cover letter writing skills; develop job search strategies that uncover the hidden job market; and master interviewing and salary negotiation techniques.

2020 Advanced Career Techniques Program Dates

January 13th - 15th	May 11th - 13th	September 14th - 16th
February 10th - 12th	June 8th - 10th	October 5th - 7th
March 12th - 14th (Daytime, YWCA)	July 13th - 15th	November 9th - 11th
April 20th - 22nd	August 10th - 12th (Daytime, NDCC)	December 7th - 9th (Daytime, NDCC)

Graduate Services

We offer a series of experiences to keep you moving in the right direction. Graduate Services are available to clients who complete *New Directions* or *Advanced Career Techniques*.

Employment Services

Our Employment Service is available to graduates who wish to receive help with job searching, résumé writing, self-marketing and networking opportunities, and identifying employment leads that match their individual qualifications and career goals. Clients benefit from the “know-how” of NDCC staff and their robust relationships with local employers. Sessions are delivered in a one-on-one format and led by a former corporate recruiter.

Individual Career Counseling

Graduates are eligible to meet with a Licensed Professional Counselor/Social Worker to discuss career development topics. These sessions are tailored to an individual’s specific needs and pace. Career counseling clients learn about their work skills and preferences while identifying viable career goals and the pathway toward them. This discovery process may also include developing wellness techniques and refining job-seeking skills.

New Directions Success Group

Women who complete the *New Directions* program are eligible to attend regular group meetings for ongoing support, encouragement, and information. Support group sessions are held monthly and facilitated by the instructors from the *New Directions* program to give clients continuity as they make progress in their one-year plans.

Meet the Recruiter

Central Ohio employers will be on-site to give an overview of their organizations, discuss any open positions, provide insider tips for employment applications, and more.

Computer Learning Center

NDCC’s on-site Computer Learning Center makes it easy for current clients and graduates to search for jobs, explore career options, and conduct other business that supports their plan for change with reliable technology resources in a safe, quiet location.